

Dreams for the Future



What Is Your General View on Life?

optimistic 乐观的 ---> *optimist* *pessimistic* 悲观的 ---> *pessimist*

idealistic 理想主义的 ---> *idealist* *realistic* 现实的 ---> *realist* *opportunistic* 机会主义的 ---> *opportunist*

Fact: People with grandly unrealistic goals may not realize all of them, but they generally accomplish more than pessimists!

What Are Your Goals in Life? 你的生活有什么目标?

wealth 财富 VS. *experience* 经验 VS. *knowledge* 知识 VS. *happiness* 幸福 VS. *virtue* 美德

If I ever get the chance, [I'd like to]...

[For children] *When I grow up, I want to...*

Someday 有朝一日, [I'd like to]...

I'd be disappointed 失望 *if I never [get/got to]...*

What's on your "bucket list"? [Things you want to do before you "kick the bucket" 一命呜呼]

When you look back on your life as an old woman/man, what do you want to see?

What Do You Expect?

hope 希望 VS. *expectation* 期望 VS. *take Sth. for granted* 想当然 / *count on Sth.* 依赖, 依靠, 指望

*What are the **obstacles and challenges** to realizing your life goals? Have you run into some **setbacks**?*

障碍, 阻碍, 妨碍

艰巨的任务, 难题等

挫折, 阻碍; 挫败

What would make you give up 放弃 and change your plans?

Does morality guide your goals, or does it limit your choices? 道德怎么影响你的目标: 指引还是限制?

What Practical 实际的 Steps Can I Take to Realize My Goals?

How is your discipline 自律 / work ethic 职业道德? How hard are you willing to work? 愿不愿意吃苦?

near future VS. *distant future*

healthy routine VS. *unhealthy routine*

常规, 惯例, 例行公事

Are you making progress 进步? How can your progress be measured 测定?

Other Vocabulary **accomplishment* 功绩 **achieve/achievement* 完成, 获得 **ambition* 抱负, 志气, 野心 *ambitious* 宏大 **aspire/aspiration* 渴求, 追求, 立志于 (表示对某事物有抱负) **crush Sb.'s dreams* **daydream* 白日做梦 **epiphany* 顿悟 **fantasy* 想象, 幻想 *[*have one's*] *head in the clouds* 忘乎所以 **in retrospect* 回想起来 **look back on Sth.* 回顾往事 **look forward to Sth.* 期盼, 盼望 **New Age* 新时代运动 **objective* 宗旨 **self-help* **self-help seminar* **shoot Sb. down* 打击 **strive for/to be Sth.*